

We would like to point out the following for taking part in online events:

The Zoom room is our Dhamma practice room. That's why you are asked to stick to the following rules:

- An invitation is sent out by email valid for the confirmed participant only.
- Access to the Zoom room is possible only if your name can be identified.
- Please make sure that you can attend the meeting without being disturbed by not registered persons joining in or entering.
- During the talks the mind should be awake and concentrated. That's why you are asked to not consume any drinks or snacks.
- Please position the screen at eye level or higher than that.
- Your camera should stay activated throughout the entire meeting.
- You may switch on your microphone for Dhamma discussions, upon request.

Thank you very much, wishing you joy and inspiration!